

## **A RIGHTS-BASED APPROACH TO IMPROVING ABORIGINAL CHILD HEALTH**

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A 'rights-based' approach to health seeks to integrate human rights' mandates and conventions, including the right to the highest attainable standard of physical and mental health, with core public health principles such as health promotion, disease prevention and interventions. The Universal Declaration of Human Rights, the Convention on the Rights of the Child and other international instruments have a focus on the social determinants of individual and community wellbeing which may be utilised to provide a framework for health reform, and promote participation and strength based approaches for the development and implementation of initiatives to support children, their families and communities.

This session will consider how a human rights-based approach may progress Indigenous claims to health and social justice equality, shape systems reform and promote the accountability of governments and other stakeholders to deliver against agreed health targets, benchmarks and outcomes.